

# APPENDIX K: ASSET INVENTORY

- Contact Information:
  - Website: [www.southmainmercy.org](http://www.southmainmercy.org)
  - Phone: 864-437-8298

**Steps to Your Health:** This is a ten-week course that covers basic information about healthy eating and exercising. Participants are weighed and measured the first week and asked to set goals they would like to accomplish by the end of the program. Each session lasts 90 minutes and ends with an exercise activity that can be adapted for individuals with all types of disabilities.

- Reach: Individuals in South Carolina with disabilities
- Contact Information:
  - Website: [www.able-sc.org/health-initiatives](http://www.able-sc.org/health-initiatives)
  - Phone: 803-779-5121

### **United Way of South Carolina:**

Provides a variety of programs for residents of South Carolina including activities to promote healthy eating, active living, smoke-free environments, and the Backpack Snackpack Program.

- Reach: Community at large
- Contact Information:
  - Website: [www.uwasc.org](http://www.uwasc.org)
  - Phone: 803-929-1000

### **University of South Carolina**

**Cooking Matters:** This program works to empower low-income families, kids, and adults with the knowledge and skills to prepare healthy and tasty meals on a budget.

- Reach: Low-income families in South Carolina
- Contact Information:
  - Website: [www.cookingmatters.org](http://www.cookingmatters.org)
  - Phone: 803-898-1629

**Working Well:** Working Well helps employers develop a strategic plan to impact employee health by focusing on policy, systems, and environmental changes, which are often low or no cost. Working Well aims to help employers create a sustainable culture of wellbeing by using effective, evidence-based best practices to create worksites where the healthy choice is the easy choice.

- Reach: Employers statewide
- Contact Information:
  - Websites: <https://www.scha.org/working-well>

## **Infectious Disease:**

### **AIDS Drug Assistance Program:**

This program helps South Carolina residents get HIV medications or drugs they cannot get or otherwise afford.

- Reach: Individuals who have HIV, are not eligible for Medicaid/Medicare, and are South Carolina residents
- Contact Information:
  - Website: [www.scdhec.gov/Health/DiseasesandConditions/InfectiousDiseases/HIVandSTDs/AIDSDrugAssistancePlan/](http://www.scdhec.gov/Health/DiseasesandConditions/InfectiousDiseases/HIVandSTDs/AIDSDrugAssistancePlan/)
  - Phone: 1-800-856-9954

**AIDS Healthcare Foundation:**

Provides those dying of AIDS a safe, dignified, and compassionate place to spend their final days.

- Reach: South Carolinians who are dying of HIV/AIDS
- Contact Information:
  - Website: [www.ahf.org](http://www.ahf.org)
  - Phone: 803-933-0288

**AID Upstate:** This organization provides supportive services to people affected by HIV/AIDS. They provide comprehensive services in the Upstate of South Carolina. Some care services include medical case management, referrals, food pantry, addiction counseling, and a host of other activities.

- Reach: Individuals in Greenville, Anderson, Pickens, and Oconee Counties, South Carolina
- Contact Information:
  - Website: [www.aidupstate.org](http://www.aidupstate.org)
  - Phone: 864-250-0607

**EMPOWER Program:** This program aims to reduce the onset of substance abuse and prevent the transmission of HIV, Hepatitis, and other sexually transmitted infections, as well as prevent unintended pregnancy.

- Reach: Minority youth and young adults in the Charleston area of South Carolina
- Contact Information:
  - Website: [www.academicdepartments.musc.edu/empower](http://www.academicdepartments.musc.edu/empower)

- Phone: 843-792-8356 or 843-792-3625

**HIV Task Force:** The goal is to make a positive difference in the health and lives of people living with HIV in the state of South Carolina as well provide individuals with tools and resources to help support those affected by HIV.

- Reach: Individuals and families living with HIV
- Contact Information:
  - Website: [www.schtf.org](http://www.schtf.org)

**Palmetto AIDS Life Support Services (PALSS):**

This organization was formed to fight the war against AIDS and offers free services to people who have been diagnosed with or at risk of contracting HIV/AIDS.

- Reach: Community at large
- Contact Information:
  - Website: [www.palss.org](http://www.palss.org)
  - Phone: 803-779-7257

**Palmetto Community Care:** This organization assists those living with HIV/AIDS by providing a full spectrum of care and support services.

- Reach: Individuals and families with HIV/AIDS in the Lowcountry region of South Carolina
- Contact Information:
  - Website: [www.palmettocommunitycare.org](http://www.palmettocommunitycare.org)
  - Phone: 843-747-2273

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## **Personal Responsibility**

**Education Program:** The goal is to educate young people on both abstinence and contraception to prevent pregnancy and sexually transmitted infections.

- Reach: Targets youth ages 10-19 who are homeless, in foster care, live in rural areas, or in geographic areas with high teen birth rates, or come from racial or ethnic minority groups.
- Contact Information:
  - Website: [www.scdhec.gov/Health/ChildTeenHealth/Teens/ThePointTeenClinics](http://www.scdhec.gov/Health/ChildTeenHealth/Teens/ThePointTeenClinics)
  - Phone: 855-472-3432

**Piedmont Care, Inc.:** This nonprofit organization provides HIV/AIDS care, prevention, and advocacy in their service counties. Their mission is to coordinate and provide medical, social, and psychological services for individuals and families affected by or at risk for HIV.

- Reach: Individuals and families affected by HIV in Spartanburg, Cherokee, and Union Counties, South Carolina
- Contact Information:
  - Website: [www.piedmontcare.org](http://www.piedmontcare.org)
  - Phone: 864-582-7773 or 866-454-7773

**Southern AIDS Coalition:** The mission of this coalition is to end the HIV epidemic in the South through public health advocacy,

capacity building assistance and education, research and evaluation, and strategic grant writing.

- Reach: Community at large and throughout the Southern region of the United States
- Contact Information:
  - Website: [www.southernaidscoalition.org](http://www.southernaidscoalition.org)
  - Phone: 888-745-2975

## **South Carolina Immunization**

**Coalition:** The coalition comprised of providers, stakeholders, policy makers, and advocates aims to educate, motivate, and increase access to immunizations.

- Reach: Community at large
- Contact Information:
  - Website: [www.atlanticquality.org/initiatives/immunization/immunization-sc/](http://www.atlanticquality.org/initiatives/immunization/immunization-sc/)
  - Phone: 803-212-7535

## **South Carolina Tuberculosis**

**Association:** This organization provides programs and services for South Carolinians in hopes to assist in the eradication of tuberculosis.

- Reach: Community at large
- Contact Information:
  - Website: [www.sctuberculosis.org](http://www.sctuberculosis.org)
  - Phone: 803-252-1087

## **State Alliance for Adolescent Sexual Health in South Carolina:**

This alliance works to improve comprehensive sexual health education policies, raise awareness

of prevention of STI/HIV, as well as the availability of HPV vaccine, and the use of condoms, along with other forms of contraception.

- Reach: Adolescents and youth in South Carolina
- Contact Information:
  - Website: [www.saashsc.org](http://www.saashsc.org)
  - Phone: 803-898-0670

**Youth AIDS Coalition:** This coalition aims to raise STD awareness, encourage STD testing, and teach preventive techniques. They also provide information on STD testing locations throughout the state.

- Reach: Community at large
- Contact Information:
  - Website: [www.youthaidscoalition.org](http://www.youthaidscoalition.org)

## Injury:

**Aiken County Safe Coalition:** Provides suicide prevention through community education and collaboration

- Reach: Community at large
- Contact Information:
  - Website: [www.preventingsuicides.org](http://www.preventingsuicides.org)

**Brain Injury Association of South Carolina:** This organization aims to provide support and education to individuals with traumatic brain injury, their families, and professionals. They also aim to bring changes in knowledge, attitudes, and behavior to prevent

brain injuries and the violence that often causes these injuries. Additionally, they aim to support the advancement of scientific knowledge to improve the quality of life and develop new treatments to protect the brain.

- Reach: Individuals and their families who are suffering from a traumatic brain injury
- Contact Information:
  - Website: [www.biaofsc.com](http://www.biaofsc.com)
  - Phone: 803-731-9823

### **Children's Trust of South**

**Carolina:** The statewide organization focused on the prevention of abuse, neglect and injury. The organization trains and educates professional who work directly with families, and also funds, supports and monitors proven prevention programs. Children's Trust advocates for strong, well-founded policies that positively impact child well-being.

- Reach: Children and families in South Carolina
- Contact Information:
  - Website: [www.scchildren.org](http://www.scchildren.org)
  - Phone: 803-733-5430

### **Head and Spinal Cord Injury:**

Information, case management, and other tools and resources for family support as well as initiatives for children and adults who suffer from a head and spinal cord injury.

- Reach: Those in South Carolina with a Head and Spinal Cord Injury that meet eligibility criteria